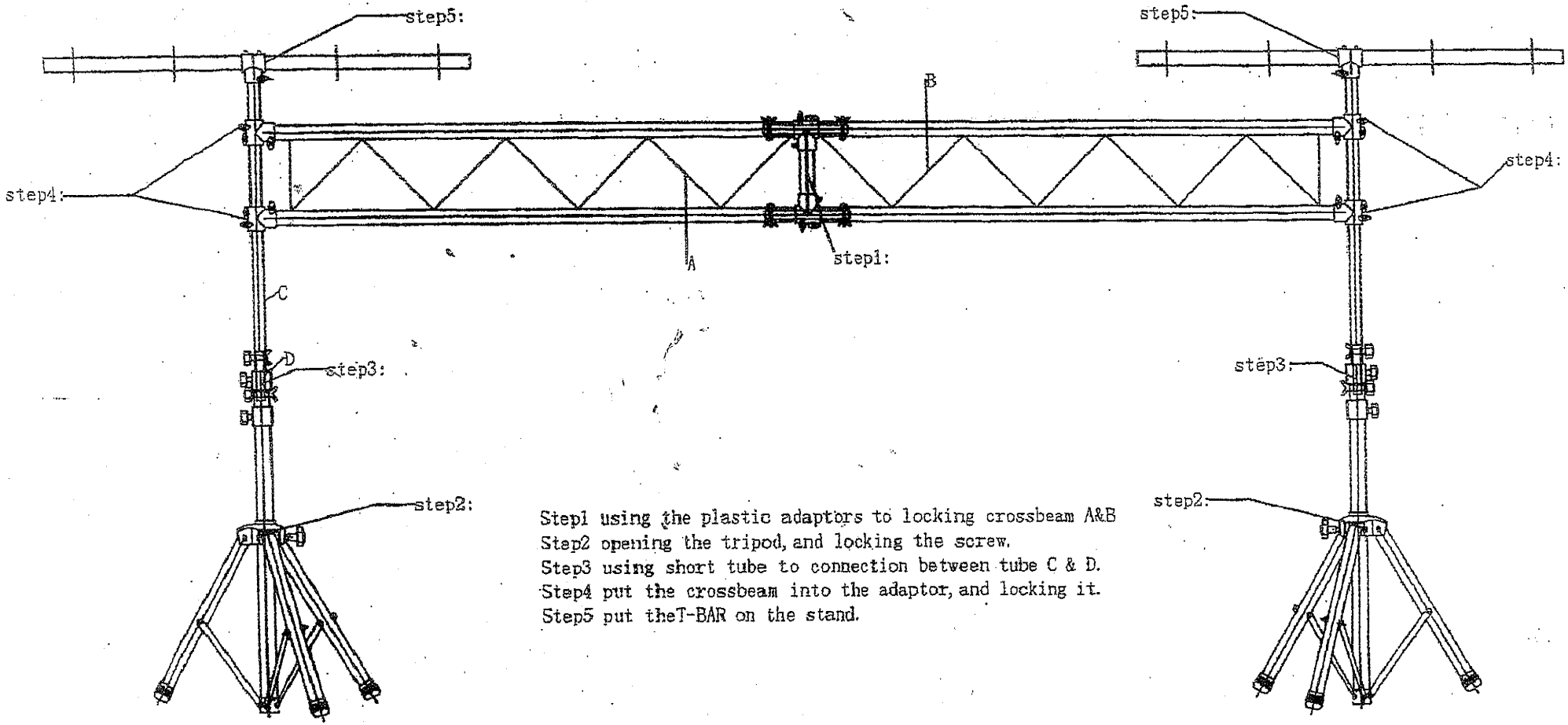

Step1 using the plastic adaptors to locking crossbeam A&B
Step2 opening the tripod, and locking the screw.
Step3 using short tube to connection between tube C & D.
Step4 put the crossbeam into the adaptor, and locking it.
Step5 put theT-BAR on the stand.